



Aarihant Ayurvedic Medical College and Research Institute  
Swarnim Institute of Health Sciences

At - Bhojan Rathod, Gandhinagar



## “Lecture on Navigating PCOD and Cervical Cancer Prevention”

<b>INSTITUTE</b>	AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE  AT - BHOYAN RATHOD , GANDHINAGAR
<b>ACTIVITY NAME / EVENT NAME</b>	<b>Awareness about Cervical Cancer Vaccination and PCOD</b>
<b>MONTH</b>	October -2024
<b>DATE OF THE EVENT</b>	14 <sup>th</sup> Oct, 2024
<b>DURATION</b>	1:00 pm to 2:00 pm
<b>PLACE</b>	SSIU seminar hall,
<b>SPEAKERS</b>	- Dr.Grishma Thakkar
<b>GUESTS</b>	- Dr. Navin Banarase (Principal, Aarihant Ayurvedic Medical College & Research Institute)
<b>PATRON</b>	- Dr. Jaimin Patel (Assistant Academic Director, Institute of Health Sciences) - Vd. Rakesh Salve (Director of Ayurveda, Aarihant Ayurvedic Medical College & Research Institute) - Dr. Navin Banarase (Principal, Aarihant Ayurvedic Medical College & Research Institute)
<b>ORGANIZING SECRETARY</b>	- Dr. Priya Deshpandey (Professor and HOD, Department of Prasuti Tantra & Stree Roga)
<b>PROGRAM CO-ORDINATOR</b>	- Dr Raunak Yadav (Associate Professor, Department of Prasuti Tantra & Stree Roga) - Dr. Rachana Yadav (Assistant Professor, Department of Prasuti Tantra & Stree Roga) - Dr. Priyanka Chaudhary (Assistant Professor, Department of Prasuti Tantra & Stree Roga)

COMMITTEES NAME	COMMITTEE MEMBERS
Stage decoration, Inaugural function Committee	Dr. Raunak Yadav Dr. Rachana Yadav Dr. Priyanka Chaudhary Ishita, Kruti, Dhruvil, Sejal, Hardi (interns) Devyam (Final Year Student)
Anchoring Committee	Dr. Raunak Yadav Dr. Rachana Yadav Dr. Priyanka Chaudhary

### Objective of the event:

Aarohant Ayurvedic Medical College & Research Institute, a constituent of Swarnim Startup and Innovation University, organized a Lecture about Cervical Cancer Vaccination and PCOD on 14<sup>th</sup> October, 2024, at the SSIU Seminar Hall. The objective of this lecture is to educate participants on the importance of prevention and management of cervical cancer and PCOD. Specifically, the lecture aims to enhance understanding of the causes and risk factors of cervical cancer, the effectiveness and benefits of HPV vaccination, and the target population and recommended vaccination schedule. Additionally, the lecture will delve into the definition, symptoms, diagnosis, and management of PCOD, emphasizing lifestyle modifications, hormonal and metabolic implications, and the role of early diagnosis in preventing long-term complications.

### Flow of the event:-

- The Lecture was started at 1:00 pm with Dhanvatari Vandana & Lamp lighting by guests and all participants. Programme was hosted by Dr. Raunak Yadav and Dr. Rachana Yadav & Dr. Priyanka Chaudhary. Principal Sir welcomed guest lecture **Dr. Grishma Thakkar, MBBS, DGO, DGM, Director of Estella IVF & Women's Hospital, Ahmedabad** for her lecture on "**Cervical Cancer Vaccination and PCOD**". Inaugural function was done by Dr. Navin Banarase (Principal, Professor & HoD, Rachanasharira Department), Dr. Hiren Kadikar (Academic Director, Swarnim Startup and Innovation University), Mr. Harsh Trivedi and Jaimin Patel (Assistant Academic Directors, Swarnim Institute of Health Sciences), Vd. Rakesh Salve (Director of Ayurveda, Professor & HoD, Rasashastra and

Bhaishajya Kalpna Department) and Dr. Arvind Chauhan (Principal, Venus Institute of Physiotherapy), Dr. Amit Vyas (Principal, Aarihant School of Nursing)

- At the end of the programme Speakers were facilitated with certificates.

**Significance / Outcome:**

- Approximately 100 students and faculties from all disciplines had taken benefit of the Lecture.
- Through this seminar participants gained knowledge and confidence in discussing women's health issues, improving their understanding of cervical cancer and PCOD. Long-term outcomes include improved cervical cancer vaccination rates, enhanced early detection and treatment, reduced morbidity and mortality, and improved quality of life for women affected by PCOD.



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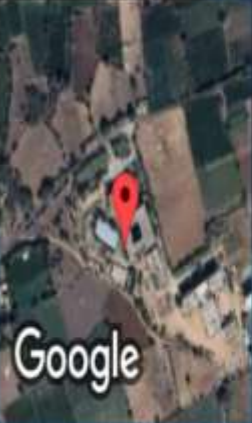




**Cervical Cancer and HPV Vaccination**

Dr. Geetima Thakur  
MBBS, DCCG Gold Medalist  
Consultant Obstetrics & Gynaecology  
Director, Cells


 **GPS Map Camera**



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